



TRAINING PROGRAMME



AgilePM® Foundation v3 & Scrum Essentials

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Description



3 days



Accredited training



language of training: Polish or English



language of materials: Polish or English

The AgilePM Foundation v3 training is based on the latest version of the methodology, updated at the end of 2024. It combines the agile project governance offered by the AgilePM approach and the agile approach to project delivery derived from the Scrum framework.

The training responds to the needs of professionals to ensure strong governance while applying an agile approach to producing project deliverables and relying on effective team collaboration.

The training lasts 3 days and consists of two main parts, carried out jointly:

1. Scrum Essentials (day 1), which offers basic knowledge about Scrum, which is the most popular agile framework in the world.
2. AgilePM Foundation (day 2 and 3), which is the internationally recognized standard in agile project management.

All of the above parts are mandatory.

Purpose of the training

- ✓ gaining knowledge of the basics of the AgilePM v3 methodology and the project life cycle carried out in accordance with it
- ✓ learning the benefits of working with the AgilePM approach
- ✓ understanding and learning how to adapt AgilePM to different project contexts
- ✓ gaining knowledge about Scrum: theory, practice, responsibilities and values defined in the Scrum Guide
- ✓ understanding the responsibilities of the Scrum Team and how they interact with each other and with others
- ✓ understanding how to build an effective team with the right skills and experience
- ✓ preparing for the certified Scrum Essentials and AgilePM Foundation v3 exam (taking the exams are voluntary)

Target group

- ✓ those wishing to learn about the principles, practices, the AgilePM and Scrum process and their purpose
- ✓ those with experience in Agile or wishing to acquire it
- ✓ current and future project managers, business representatives, project team members, team leaders who are interested in practical application of iterative and incremental project delivery based on collaboration
- ✓ current and future Scrum Team members, Scrum Masters, Product Owners, Developers

Benefits

- ✓ common understanding of what Agile and Scrum are and what values they are based on
- ✓ learning the basics of AgilePM and Scrum and how to scale approaches to different types of projects, also outside of IT and software development
- ✓ experience the practical benefits of working in Agile and Scrum, including delivering business value earlier than in traditional projects, supporting flexibility of operations and enabling adaptation to changing circumstances, reducing the risk of delivering poor quality products by using an incremental and iterative approach to their production, promoting transparency in team working
- ✓ opportunity to gain a globally recognised certificate in agile project management.

Exam and Certification

- non-mandatory exam,
- multiple-choice, single-response questions test,
- number of questions: 50,
- pass threshold: 60% (30 out of 50 possible points),
- language of the exam: English, Polish,
- duration: 40 minutes,
- mode: online (after online training) or in-person (after in-person training),
- date: the exam is held at the end of the 3rd day of training,
- closed book - no use of materials,
- validity of the certificate: indefinite,
- the participant who scores the necessary number of points in the exam is awarded the international certificate in electronic form.

Training programme

DAY 1 – Scrum Essentials

Introduction to Scrum and Agile

- ✓ What is Agile?
- ✓ Agile Software Development Manifesto
- ✓ 12 Agile Principles

How does Scrum work?

- ✓ Elements of the Scrum framework

Scrum Team and its values

- ✓ Scrum Team and responsibilities
- ✓ Ways to describe competencies and skills
- ✓ 5 Scrum Values

Product Backlog

- ✓ What is an Artifact?
- ✓ User Stories
- ✓ Examples of requirement decomposition levels

Sprint and Sprint Planning

- ✓ What is a Sprint?
- ✓ What topics does Sprint Planning address?

Work in Sprint

- ✓ What is a Daily Scrum?
- ✓ How does Definition of Done (DoD) work?

Sprint Review and Sprint Retrospective

- ✓ What is the purpose of a Sprint Review?
- ✓ What is discussed during Sprint Retrospective?

Backlog refinement and estimation

- ✓ Refinement and organization of the Product Backlog
- ✓ Types of approaches to estimation

Empiricism and the Lean concept

- ✓ Empiricism and the Lean concept as a theory of Scrum

Summary

DAY 2 and 3 – AgilePM Foundation

Introduction

- Business Agility
- Evolution of AgilePM

Key Concepts

- VUCA World

- Agile Manifesto
- Characteristics of Agile Projects

Scrum Overview

- Scrum Values
- Scrum Responsibilities
- Scrum Events
- Scrum Artifacts

Foundations of AgilePM

- Philosophy
- 8 Principles
- Project Variable Triangle
- Integration of Scrum and AgilePM

People and Interactions

- Agile Leadership
- 9 Principles of Agile Leadership
- Project Organization
- Role and Perspectives
- Relationship between the Project Manager and Project Roles
- Multi-Team Pattern
- Business Analysis Perspectives

Collaboration and Communication

- Effective Collaboration
- Communication in Practice
- Effective Communication
- Process and Progress Transparency

Project Lifecycle

- AgilePM Process
- Lifecycle Configuration Options
- Pre-Project Phase
- Feasibility Phase
- Foundations Phase
- Delivery Phase
- Deployment Phase
- Realization Phase

Requirements, Estimation and Prioritization

- Backlog Hierarchy
- Functional and Non-Functional Requirements
- User Stories
- MoSCoW Prioritization
- INVEST Model

- Estimation in the Lifecycle

Planning and Control

- Introduction to Planning and Control
- Planning Concepts and Perspectives
- Planning in the Lifecycle
- Planning Levels

Risk Management

- AgilePM approach to risk
- Risk – Roles and Responsibilities

Governance, Compliance and AgilePM Project Artifacts

- Agile and Traditional Governance
- Financial Governance and AgilePM Artifacts
- Project Approach Questionnaire (PAQ)

What's next?

- Next Steps

Exam Preparation

Methods and tools used in training

Training is conducted by **lecture** and **workshop** methods.

LECTURE PART	WORKSHOP PART
It is conducted on the basis of a multimedia presentation prepared by the presenter and is enriched by the use of moderated discussion, exchange of participants' experiences and case studies.	<ul style="list-style-type: none"> ✓ small group exercises, ✓ individual exercises, ✓ case studies, ✓ moderated discussion, ✓ exchange of experience among participants

The selection of the form and scope of training, supported by the professional and trainer's experience, ensures that participants **receive a comprehensive overview of the topics** and **acquire practical skills**.